

Afterschool Snack Menu

In an effort to support student's healthy lifestyle and development, the afterschool program has moved to healthier snacks.

Each day children will be provided choices for their snack. There will be a drink and food item provided each day as part of the fees families pay to participate in the program. The drink choice will be either bottle water or 100% juice. We do not serve sugary drinks for snack.

Food items will include granola bars, pretzels, animal crackers and/or baked chips. To keep things fresh, we alternate choices each day so that children have a variety of snack options over the course of the day.

In addition to snack, some groups will participate in occasional cooking activities. Some cooking projects may have some sugar content.

IT IS IMPERATIVE that families inform the afterschool program of any allergies or food sensitivity! Children are also welcome to eat food from their lunchboxes, but please know that refrigeration is not available.

We look forward to partnering with you this school year to make sure your child's nutritional needs are met during afterschool hours!

Please do not hesitate to contact Mrs. Heide with questions or concerns. Allergy information **MUST** be included on the registration form.

